



Dear BRE Family,

The human heart is so fascinating. It begins beating three weeks into life and continues to pump approximately 2,000 gallons of blood through 115,000 beats each day. The heart is the strongest muscle in the human body and is responsible for supplying oxygen and nutrients throughout the body while removing carbon dioxide and other wastes. Simply put, the heart is an essential organ of life, yet it's symbolic meaning often outweighs its physical benefits.

Love.

While the heart is the captain of our cardiovascular system, it is often connected with the concept of love. Love is a social phenomenon that drives human behavior. From the moment we are born, we begin to experience love, and we spend the remainder of our days searching for the perfect love.

Love is a warm day, a close friendship, a soulmate, and a good book. Love is comfort, a good laugh, and silence. Love is the smile on a child's face and the sound of a mother's voice. Love is everything, and love is nothing. Love cannot be captured in a bottle or recreated in mass quantity, but love is real.

Buffalo Ridge is full of love and it fills my heart. Whether it is our new mural, Jump Rope for Heart, or the 3rd-grade show, love is the driving force behind all of our decisions. We view each day through rose-colored glasses, and we want our students to feel the same euphoria they give us.

Unfortunately, love can also hurt and leave a void in our hearts. The 2019-2020 school year will be the last for some of our amazing staff. Ronda Gutierrez and Christy Smith, who have almost 50 years of collective experience at BRE, will begin their life of retirement beginning in May. While we will miss them terribly, we are so thrilled about new and upcoming adventures. If you get an opportunity this Spring, stop and thank them for their service at

BRE. They have left a positive impact on so many of our students and helped mold Buffalo Ridge into the amazing school it is today.

Love is arguably our most vital emotion. Without it, life is empty and without purpose. However, when present, love presents a direction in life that cannot be replaced or reproduced. Love fills our buckets and sends our souls down a long and winding path towards eternal happiness. Love is the butterflies in our stomach and an increased heartbeat filled with anticipation. Love is everything.

For me, love is my family, friends, and Buffalo Ridge Elementary. I love this school, and I love your children. This school is my life, and I owe my happiness to you. Thank you for trusting me with your kids. Thank you for allowing me to lead this school. Thank you for believing in me. 2020 is off to a great start, and there is nowhere else I would rather be.

Sending lots of love your way.

Warmly,

Jen and Rob

